

INTRODUCTION

An introduction to the special issue on *The constructivist perspective in clinical psychology and psychotherapy: The Italian contribution*

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Three years since the transformation of the newsletter *Costruttivismi* in the e-journal of the same title – whose first four issues (n. 1 and 2, Vol. 1, 2014, and n. 1 and 2, Vol. 2, 2015) have been characterized by mixed contributions as to the subjects and freely open to experts of different areas and interests – we decided to publish a monographic issue capable of offering an overview of the several “constructivisms” currently present in the Italian clinical and psychotherapeutic horizon.

Our aim was that of exploring the different ways in which the constructivist epistemology is carried out in the psychotherapeutic practice up to today by some of the leading exponents (either singles or groups) who identify themselves in such a clinical perspective.

We therefore invited the main Italian representatives of this approach to participate. In doing so, we found a great readiness and willingness to join this enterprise, even though, due to the short deadline, not all of those we initially asked have been able to submit their contributions. We are sure that we shall have the opportunity to receive their constructivist interpretation too; in fact, we invite them from now to feel welcome guests on the pages of the journal in order to make this overview more exhaustive.

Initially we wondered about the advisability of proposing a common grid for the draft; then, we thought it better to let every author to freely organize their contributions, to allow them a good balance the expressive potential and the limited deadline.

Since the first issue of the journal we tried to publish the articles both in Italian and English to make them enjoyable to more readers, though letting the authors free to choose whether to face or not this further effort. In this case, we decided to ask all of them the bilingual version, and so all the contributions appear in both languages in this monographic issue.

Though aware of not being able to offer an exhaustive overview of all the “constructivisms” permeating the Italian clinical psychology, we are however satisfied with the adhesions received

and warmly thank the authors who, with a lot of care and effort, allowed the publication of this issue. We hope you will enjoy reading it with the same interest and pleasure that involved the authors and us in its carrying out.

Reference (APA)

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